



# IRS Approves Reimbursement of Over-The-Counter Drugs

The Treasury Department and the IRS announced over-the-counter drugs can now be paid for with pre-tax dollars through a Health Care Flexible Spending Account if properly substantiated by the employee. The following lists are not intended to be inclusive of all over-the-counter items that may or may not be reimbursable. These lists will be frequently updated.

## Examples of Eligible Reimbursable Expenses (Updated 12/17/2003) –

Acetaminophen  
Allergy Medicine  
Antihistamines  
Analgesics  
Antacids  
Anti-Diarrhea Medication  
Arthritis Medication  
Aspirin/Pain Relievers  
Benzocaine  
Osteopath Medication  
Cold Medicine  
Contact Lens Solution  
Cough Drops  
Expectorants  
Anti-Fungal  
Clearasil/Acne Medication

Eye Drops for Allergies  
First Aid Cream  
Ibuprofen  
Laxatives  
Lactose Intolerant Medication  
Menstrual Cycle Medications  
Motion Sickness Pills  
Nasal Sprays  
Neo-Synephrine  
Pain Relievers  
Pedialyte  
Sinus Medications  
Sudafed  
Throat Lozenges  
Pediculicide

Hemorrhoid Medicines  
Glucose Test Strips/Monitors  
Blood Pressure Monitor *(if recommended by physician)*  
Denture Adhesives  
Athletes Foot Medication  
Muscle/Joint Pain Relief  
Smoking Cessation Products  
Nicotine Gum/Patches  
First Aid Bandages  
Sunburn Cream/Spray  
Lice Treatments  
Diaper Rash Ointments  
Wart Remover/Treatments  
Orajel

## Examples of Items That Are Not Reimbursable (Updated 12/17/2003) –

Personal Hygiene Items  
Routine Dental Care  
Sleep Aids  
Cosmetics  
Teeth Whitening Kits  
Toiletries  
Hair Removal Products  
Deodorants

Nutritional & Dietary Supplements  
Routine Ear & Eye Care Items  
Cleaning Supplies/Disinfectants  
Hair Care Products  
Suntan Lotion  
Face Cream  
Eye Creams  
Wrinkle Reducers/Cream

Weight Reduction Aids  
Denture Care Items  
Family Planning Items  
Diapers/Baby Oil  
Moisturizers  
Lip Balm/Chapstick  
Hand Lotions

## How To Receive Reimbursement –

To receive reimbursement for over-the-counter drugs, you must provide documentation that substantiates the expense along with your completed and signed Claim Form. Proper documentation must be in the form of an electronically generated, itemized cash register receipt (i.e., a cash register receipt with the name of the over-the-counter drug electronically printed on it and not handwritten, as illustrated below):

### Acceptable



### Not Acceptable



For more information concerning the reimbursement of over-the-counter drugs, contact a member of the EBS/Atlanta Service Team at 1-800-647-3709 or email us at [questions@ebsatlanta.com](mailto:questions@ebsatlanta.com) or visit [www.ebsatlanta.com](http://www.ebsatlanta.com).